



THE TECHNICAL UNIVERSITY OF KENYA
DEPARTMENT OF PSYCHOLOGY AND HUMAN DEVELOPMENT

Internal Industry Based Learning Seminar, 2023
Monday, July 10th – Thursday, July 13th

TIME: 07:00 – 18:55 HRS Daily

VENUE: Main Hall, The TU-K

Other Seminar Rooms:

- 1) The Lecture Theatre, TU-K
- 2) N Block, Room N301

Theme:

Shaping Careers through Research and Development in the Social Sciences: Implications for Careers in Psychology & Social Work

Sub-Themes:

- a) Theory and Research
- b) Social Work and Human Relations
- c) Psychology and Human Development
- d) Psychological Study of Crime and Conflicts
- e) Contemporary Mental Health Issues
- f) Development, Inclusion and Care
- g) Overarching issues in mental health theory and practice
- h) Contemporary issues in psychosocial support systems
- i) Service, social justice, dignity and the worth of a person

The Week At a Glance

Day/Date Time	Sunday July 9 th	Monday July 10 th	Tuesday July 11 th	Wednesday July 12 th	Thursday July 13 th	Friday July 14 th	
07:00-07:50	<p style="text-align: center;">WARNING: NO WEEKEND AHEAD!</p> <p style="text-align: center;">2. Presenters' Session I</p>	Registration	The Official Opening Ceremony & Preliminaries	Registration	Registration	DEPARTMENTAL EXAMINATIONS BOARD MEETING	
08:00-08:50				Supervisors' Session II	Supervisors' Session III		
09:00-09:55				Plenary Keynote Address I	Plenary Keynote Address II		Plenary Keynote Address III
10:00-10:25				H E A L T H BREAK			
10:30-12:00				Parallel Session 1	Parallel Session 4		Parallel Session 7
12:00-13:30				Parallel Session 2	Parallel Session 5		Parallel Session 8
13:30-14:10				L U N C H N E O			
14:15-15:45				Project Session 1	Project Session 2		Proposal Session 1
15:50-17:20				Parallel Session 3	Parallel Session 6		Parallel Session 9
17:20-17:45				B R E A K			
17:50-18:20				Rapporteurs' Session I	Rapporteurs' Session II		Rapporteurs' Session III
18:25-18:55				Presenters' Session II	Presenters' Session III		Closing Ceremony & Next Seminar Announcement
Day/Date Time		Sunday July 9 th	Monday July 10 th	Tuesday July 11 th	Wednesday July 12 th		Thursday July 13 th

The Daily Programme

SUNDAY, JULY 9TH

07:00 REGISTRATION

07:00 – 18:20 PRESENTERS' SESSION

VENUE: AT HOME & AT THE MAIN CAMPUS

Concept Paper Presenters	Proposals Defenses	Projects Defenses
ASSQ/2020	ASSQ/2019	ASSQ/2018
AIPE/2021	ASSF/2020	ASSF/2019
AHPE/2021	ASSE/2020	ASSE/2019

07:00 – 18:20 NO WEEKEND AHEAD

VENUE: AT HOME & AT THE MAIN CAMPUS

<ol style="list-style-type: none"> 1. Presenters to ensure readiness for the event 2. Supervisors to ensure that their candidates are not a disgrace 		
Concept Paper Presenters	Proposals Defenses	Projects Defenses
ASSQ/2020	ASSQ/2019	ASSQ/2018
AIPE/2021	ASSF/2020	ASSF/2019
AHPE/2021	ASSE/2020	ASSE/2019

MONDAY, JULY 10TH

07:00 REGISTRATION

07:00 – 18:20 SUPERVISORS' SESSION I

VENUE: VIRTUALLY AT HOME & PHYSICALLY IN CAMPUS

Facilitators	Facilitators	Facilitators
Prof. Mumah, S. C. J.	Mr. Ochieng', M. O.	Mr. Asadhi, D. O.
Dr. Ondieki, C. N.	Mr. Kawa, P. O.	Dr. Ng'ang'a, J. G.
Dr. Ndeda, G. A.	Ms. Gloria, I.	Dr. Musila, A. K.
Dr. Oketch, V. O	Ms. Munyinyi, A.	Dr. Obiero, J. O.
Rev. Owenda, G. A.	Mrs. Kaluai, H. M.	Dr. Nyavanga, E.
Rev. Ochola, C. O.	Mrs. Salim, F.	Ms. Muraguri, P.

08:00 – 17:00 HRS REGISTRATION

08:00	THE OPENING CEREMONY	VENUE: Main Hall
08:00	<p>SCENE SETTING BY THE MASTER OF CEREMONIES: Mr. M. O. Ochieng' Academic Member of Staff, DPHD The Technical University of Kenya; Nairobi, Kenya.</p>	
08:30	<p>Prayer by: Rev. G. Abang'a Academic Member of Staff, DPHD & Thematic Leader Counselling Psychology The Technical University of Kenya; Nairobi, Kenya.</p>	
08:35	<p>Welcoming Remarks by: Prof. Mumah, S. C. J. The ATL, DPHD and Professor of Applied Psychology The Technical University of Kenya; Nairobi, Kenya.</p>	
08:40	<p>OPENING REMARKS BY:</p>	
09:00	<p>Prof. Omondi Oketch Dean of Students, The Technical University of Kenya; Nairobi, Kenya.</p>	
09:05	<p>Prof. Alfred Orina Isaac DVC, (R&I), The Technical University of Kenya; Nairobi, Kenya.</p>	
09:10	<p>Prof. P. M. Shiundu Ag. Vice Chancellor, The Technical University of Kenya; Nairobi, Kenya.</p>	
09:15	<p>PLENARY KEYNOTE ADDRESS 1</p>	
	<p>Speaker: Prof. (Dr.) Mumah, Solomon J., PhD; MLHE; ARTS; SRA Topic: <i>One Manmade Pandemic: HIV/AIDS ~ The Resurgence</i></p>	
	<p>Discussant: Dr. G. A. Ndeda Academic Member of Staff, DPHD and Coordinator ILO The Technical University of Kenya; Nairobi, Kenya.</p>	
09:30	<p>Vote of Thanks and End of Ceremony. Group Photo by: Dr. C. N. Ondieki Academic Member of Staff, DPHD The Technical University of Kenya; Nairobi, Kenya.</p>	

10:00-10:25 NUTRITION BREAK

10:30-12:00 PARALLEL SESSION 1

1a Psychology and Human Development		Main Hall
<i>Chair: Dr. G. Ndeda</i> <i>Discussant: Dr. V. Oketch</i>		
Presenter	Title of Presentation	Supervisor
Elizabeth M. Mutuse	Impact of sexual violence on adolescent girls in Nairobi County	Dr.C. N. Ondieki
Naomi N. Kamau	Effects of childhood trauma on adolescents interpersonal relationships	Rev. G. A. Owenda
Florence Mwangi	Effects of gender based violence on women in Soweto,kayole,Nairobi	Mr. M. O. Ochieng'
Gabriel Otieno	Secondary Traumatic Stress Among the KDF Veterans	Prof. (Dr.) S.C.J. Mumah

1b Service, Social Justice, Dignity and the Worth of a Person		Room N301
<i>Chair: Dr. A. Musila</i> <i>Discussant: Ms. A. Munyinyi</i>		
Presenter	Title of Presentation	Supervisor
Jane Kishoyian	Effects of unemployment among youth in Kenya	Rev. C. S. O. Akumu
Faith Nzamba	To explore the effects of Unemployment among the youth in katse, Mwingi Constituency in Kitui county	Mr. P. O. Kawa
Linda Akoi Mwamba	Effects of diversity and inclusion on the workplace	Dr. A. K. Musila
Carol Kamau	Effects of effective up take of anti retro virus drugs among adults 18-35 at kangemi, nairobi kenya	Mr. M. O. Ochieng'

12:00-13:30 PARALLEL SESSION 2

2a Social Work and Human Relations		Main Hall
<i>Chair: Dr. C. N. Ondieki</i> <i>Discussant: Ms. Gloria I.</i>		
Presenter	Title of Presentation	Supervisor
Idagitsah Elvis Isadia	Role of Community Based Organizations (CBOs) in Community Development	Dr. A. K. Musila
Fiona Olaka	Role of social workers in preventing and managing teenage pregnancies in the informal settlements of Mathare	Mrs. F. Salim
Evalyne Njoroge	The role of social workers in supporting re-entry of juvenile offenders	Mr. P. O. Kawa
Mwikali Mwangangi	Role of school social workers in enhancing student's academic performance in TUK	Rev. C. S. O. Akumu

2b	Contemporary issues in psychosocial support systems	Room N301
	<i>Chair: Dr.J. G. Ng'ang'a</i>	
	<i>Discussant: Dr. V. O. Oketch</i>	
Presenter	Title of Presentation	Supervisor
GraceAnn Karugu	Perceived impact of childhood trauma on mental health among students	Dr. G..A. Ndeda
Mitchelle Nzioki	Rehabilitation programs for children conflict with the law in Kenya	Dr. A. K. Musila
Yamo Judith Anyango	The role of social Worker in substance abuse rehabilitation	Mrs. F. Salim
Dominic Olima	Social media effects on Kenya University students	Dr. Janet .O. Orero

13:30-14:10 LUNCH

14:15-15:45 PROJECTS SESSION 1

	Theory and Research	Main Hall
	<i>Chair: Rev. C. O. Ochola</i>	
	<i>Discussant: Ms. A. Munyinyi</i>	
Presenter	Title of Presentation	Supervisor

15:50-17:20 PARALLEL SESSION 3

3a	Psychology and Human Development	Main Hall
	<i>Chair: Rev. G. Abang'a</i>	
	<i>Discussant: Ms. Gloria I.</i>	
Presenter	Title of Presentation	Supervisor
Roder Atyanga	Effects of parenting styles on children's development	Dr. J. .G. Ng'ang'a
Susan Njeri	Child Victims of Absentee Parents	Prof. (Dr.) S.C.J. Mumah
Stephen K. Wambua	Causes and effects of teenage pregnancy at Technical university of Kenya among female students age between 18 to 23yrs	Rev. C. S. O. Akumu
Fostine Ochieng'	Effects of family planning among women in Mamboleo Kisumu, Kenya	Mr. M. O. Ochieng'

3b Overarching issues in mental health theory and practice		Room N301
<i>Chair: Mr. M. O. Ochieng'</i>		
<i>Discussant: Dr. V. O. Oketch</i>		
Presenter	Title of Presentation	Supervisor
Okemwa Oseko	Effects of relationship problems on class attendance among third year psychology students in TUK	Dr. G..A. Ndeda
Monica Mwandama	Causes, consequences and management strategies of GBV amongst married men.	Rev. G. A. Owenda
Bridgit Minyoso	Exploring the impact of social isolation on the mental health of students at the TUK	Dr. G..A. Ndeda
Okong'o A. Baraka	The effects of socio-cultural practices and perceptions on the mental health of youths in Kenya	Dr.C. N. Ondieki

17:20-17:45 BREAK

17:50-18:20 RAPPORTEURS SESSION 1

18:25-18:55 PRESENTERS' SESSION 2

08:00 PLENARY KEYNOTE ADDRESS III		Main Hall
<i>Why every psychologist needs to know at least a little implementation science</i>		
Chair:	Dr. Ng'ang'a, J. G. Academic Member of Staff, DPHD The Technical University of Kenya.	
Setting the Scene:	Mrs. Florence Salim Academic Member of Staff, DPHD The Technical University of Kenya.	
	Mr. Ochieng', M. O. Academic Member of Staff, DPHD The Technical University of Kenya.	
Welcome & Introduction:	Prof. Mumah, S. C. J. Professor of Applied Psychology and ATL, DPHD The Technical University of Kenya.	
Speaker:	Prof. David Nussbaum, Ph. D., C. Psych. Director of Science Allen K. Hess Institute for Integrative and Forensic Behavioural Sciences & Professor of Psychology, Department of Psychology, University of Toronto, Scarborough; Toronto, CANADA	

10:00-10:25 NUTRITION BREAK

10:30-12:00 PARALLEL SESSION 4

4a	Psychological Study of Crime and Conflicts	Main Hall
		Chair: Mrs. H. M. Kaluai Discussant: Ms. Gloria I.
Presenter	Title of Presentation	Supervisor
Purity M. Mueni	Causes and effects of police corruption in kasarani police station on community	Rev. C. S. O. Akumu
Owen Mambo	The influence of childhood experiences on individuals who become serial killers	Rev. G. A. Owenda
Kendi Mong'are	Unveiling the detrimental effects of drug and substance abuse amongst university students in kenya	Dr. Janet .O. Orero
Brivine Nyaboke	Bystander effect	Rev. G. A. Owenda

4b		Development, Inclusion and Care	Room N301
		<i>Chair: Mrs. F. Salim</i>	
		<i>Discussant: Ms. Ann M.</i>	
Presenter	Title of Presentation		Supervisor
Juma D. Akinyi	Role of non governmental organizations in administration of basic education to children		Dr. C. N. Ondieki
Abigael Karimi	Effect of poor monitoring and evaluation on community based organizations		Dr. V. O. Okech
Mary W. Ng'ethe	Importance of effective monitoring and evaluation on community based projects in kibera slum		Rev. C. S. O. Akumu
Oduor Akoth Tatiana	Challenges of inadequate medical services on maternal care		Dr. C. N. Ondieki

12:00-13:30 PARALLEL SESSION 5

5a		Contemporary Mental Health Issues	Main Hall
		<i>Chair: Dr. C. N. Ondieki</i>	
		<i>Discussant: Dr. V. O. Oketch</i>	
Presenter	Title of Presentation		Supervisor
Mathew Keli	Effects of social media on mental health among youth in kasarani, Nairobi county		Mr. M. O. Ochieng'
Daisy Achieng'	Effects of depression among young adults in divorce families in kondele		Mr. P. O. Kawa
Ebenezer Ndanu	Effects of poor mental health among university students in Nairobi, Kenya		Dr. V. O. Okech
Ruth Wairimu	Negative mental health effects of term based learning system on TUK students		Rev. G. A. Owenda

5b		Contemporary Mental Health Issues	Room N301
		<i>Chair: Dr. G. Ndeda</i>	
		<i>Discussant: Ms. Gloria I.</i>	
Presenter	Title of Presentation		Supervisor
Ivy Esther	Effects of social anxiety disorders on teenagers		Dr. J. .G. Ng'ang'a
Paul Kariuki	Negative impact of incarceration on mental health on formerly incarcerated youth		Rev. G. A. Owenda
Bernadette Wamaitha	The Burden Of Depression and the Importance of Early Recognition		Prof. (Dr.) S.C.J. Mumah
Nicole Awuor	Effects of OCD on the mental health of children, adolescents and adults		Dr. J. .G. Ng'ang'a

13:30-14:10 LUNCH

14:15-15:45 PROJECTS SESSION 2

Theory and Research		Main Hall
		<i>Chair: Dr. A. Musila</i> <i>Discussant: Ms. A. Munyinyi</i>
Presenter	Title of Presentation	Supervisor

15:50-17:20 PARALLEL SESSION 6

6a Development, Inclusion and Care		Main Hall
		<i>Chair: Dr. J. G. Ng'ang'a</i> <i>Discussant: Ms. Gloria I.</i>
Presenter	Title of Presentation	Supervisor
Natasha Kithinji	Stress and anxiety among students	Mr. P. O. Kawa
Craig Clement	The effects of poor monitoring and evaluation on community based projects	Mrs. F. Salim
Sharon Wangui	Mechanism towards reduction of drug abuse among the youth in Makina Ward, Kibera Constituency	Rev. C. S. O. Akumu
Paul Njoroge Njuguna	Role of Non-governmental Organizations (NGOs) in supporting People Living With Disabilities (PLWDs)	Dr. C. N. Ondieki

6b Contemporary Mental Health Issues		Room N301
		<i>Chair: Mrs. F. Salim</i> <i>Discussant: Dr. V. O. Oketch</i>
Presenter	Title of Presentation	Supervisor
Abigael Kimondiu	Impact of parenting styles on academic performance	Dr. G..A. Ndeda
Leah Kagonya	Impact of parental separation on children's mental health	Mrs. H. .M. Kaluai
Irene Wairisha	Effects of Chronic Parental stress on the children's mental health in kenya	Mr. P. O. Kawa
Halima Gedi	Influence of social media on adolescents' mental health	Mr. P. O. Kawa

17:20-17:45 BREAK**17:50-18:20 RAPORTEURS SESSION 1****18:25-18:55 PRESENTERS' SESSION 2**

08:00 PLENARY KEYNOTE ADDRESS III

Main Hall

Why every psychologist needs to know at least a little implementation science

Chair: **Dr. C. N. Ondieki**
Academic Member of Staff, DPHD
The Technical University of Kenya.

Setting the Scene: **Mrs. H. M. Kaluai**
Academic Member of Staff, DPHD
The Technical University of Kenya.

Mr. P. O. Kawa
Academic Member of Staff, DPHD
The Technical University of Kenya.

Welcome & Introduction:
Prof. Mumah, S. C. J.
Professor of Applied Psychology and ATL, DPHD
The Technical University of Kenya.

Speaker: **Dr. Julie Robinson**
School of Psychology, Flinders University
Adelaide SA, AUSTRALIA

10:00-10:25 NUTRITION BREAK

10:30-12:00 PARALLEL SESSION 7

7a		Overarching issues in mental health theory and practice	Main Hall
		<i>Chair: Dr. C. O. Ondieki</i>	
		<i>Discussant: Dr. V. O. Oketch</i>	
Presenter	Title of Presentation	Supervisor	
Patrick Odoyo	Paraphernalia manifestation among adolescent and young adults	Mrs. Hellen .M. Kaluai	
Florence Mwikali	Under 5 mortality attributed to mental health conditions	Prof. (Dr.) S.C.J. Mumah	
Juliet Chepkemoi	Complex Post-Traumatic Stress Disorder in sexually abused children and how it manifests in one's adult life	Mrs. Hellen .M. Kaluai	
Maxwell Owuor	Exploring and understanding Oppositional Defiant Disorder	Dr. J. .G. Ng'ang'a	

7b Psychology and Human Development		Room N301
<i>Chair: Dr. G. A. Ndeda</i> <i>Discussant: Ms. Anne M.</i>		
Presenter	Title of Presentation	Supervisor
Catherine Silantoi	Effects and causes of child sexual abuse a key study in kibera slums	Mrs. F. Salim
Hillary Abura	Effects of trauma on social wellbeing of Youths in matopeni	Mr. M. O. Ochieng'
Travers Oduge	Parenting styles and how they affect children with oppositional defiance disorder	Rev. G. A. Owenda
Blessing Ngaira	Psychological effects of birth control pills	Dr. Janet .O. Orero

12:00-13:30 PARALLEL SESSION 8

8a Contemporary issues in psychosocial support systems		Main Hall
<i>Chair: Rev. C. O. Ochola</i> <i>Discussant: Ms. Gloria I.</i>		
Presenter	Title of Presentation	Supervisor
Odhiambo C. Amondi	Effects of charitable children institutions on street children	Dr. A. K. Musila
Milka Muigai	Role of social workers in the provision of psychosocial support to mentalhealth victims in mathari Hospital,Nairobi county	Mr. P. O. Kawa
Purity M.Wambua	Role of social workers in providing psychosocial support to victims of religious in doctination	Dr. C. N. Ondieki
Wallen Nyaberi	Impact of drug abuse on academic performance in Kenyan Universities	Mrs. H. M. Kaluai

8b Social Work and Human Relations		Room N301
<i>Chair: Mr. P. O. Kawa</i> <i>Discussant: Dr. V. O. Oketch</i>		
Presenter	Title of Presentation	Supervisor
Mary A. Mule	Technology use in social work practice	Dr. V. O. Okech
Jecinta Mwai	The role of social workers in improving the lives of children neglected because of their disabilities	Mrs. F. Salim
Phabian Munjosi	Role of medical social worker to wards management of HIV/ AIDS	Dr. A. K. Musila
Esibi Rachel	The role of social workers in the rehabilitation of children in conflict with the law	Dr. V. O. Okech

13:30-14:10 LUNCH

14:15-15:45 PROPOSAL SESSION 1

Theory and Research		Main Hall
		<i>Chair: Rev. Abang'a Owenda</i> <i>Discussant: Ms. Anne M.</i>
Presenter	Title of Presentation	Supervisor
Bruno Okiya	Effects of artificial intelligence in project risk management a case study in TUK library	Mr. M. O. Ochieng'
Kelvin Wakaba	Effects of birth control on women	Mrs. H. M. Kaluai
Hajira Abdi	The undesirable outcome of unsolicited pregnancy amongst universities learners in kenya	Dr. Janet .O. Orero
Rita Nyakio	Effect of drug abuse on psychological well being	Dr. G. A. Ndeda

15:50-17:20 PARALLEL SESSION 9

9a Service, social justice, dignity and the worth of a person		Main Hall
		<i>Chair: Mrs. F. Salim</i> <i>Discussant: Dr. V. O. Oketch</i>
Presenter	Title of Presentation	Supervisor
Purity N. Machuki	Teenage pregnancies as a contributor to poverty among families living in informal areas	Dr. A. K. Musila
Paul Joseph Ngumbau	Prevalence of human rights violations on people living with HIV/ AIDs in Kenya	Dr. V. O. Okech
Adan Guyo	FGM Laws In Kenya And Challenges Faced In Their Implementation.	Dr. V. O. Okech
Oyimba Calvin	Effects of unemployment among youth in Malava Constituency Kakamega Cou	Mr. P. O. Kawa

9b Psychology and Human Development		Room N301
		<i>Chair: Mr. P. O. Kawa</i> <i>Discussant: Ms. Gloria I.</i>
Presenter	Title of Presentation	Supervisor
Martin James	Child Abuse	Mr. M. O. Ochieng'
Nashipae Koikai Tivan	Social Phobia	Dr. J. .G. Ng'ang'a
Brenda Chepkurui	Millitary Sexual Trauma	Prof. (Dr.) S.C.J. Mumah
Teresia Kamau	In put of religion on the psychological wellness amongst the adolescents in kenya	Dr. Janet .O. Orero

17:20-17:45 BREAK**17:50-18:20 RAPORTEURS SESSION 3****18:25-18:55 CLOSING CEREMONY & NEXT SEMINAR ANNOUNCEMENT****FRIDAY, JULY 14TH****DEPARTMENTAL EXAMINATIONS BOARD MEETING**